

ALLERGEN INFORMATION

THE ALLERGEN INFORMATION PROVIDED IN THIS LEAFLET IS BASED ON OUR SUPPLIERS' INGREDIENT LIST AND OUR BUSINESS ENVIRONMENT, PREPARATION AND COOKING PROCESS. NORMAL KITCHEN OPERATIONS MAY INVOLVE SOME SHARED COOKING, PREPARATION AREAS AND UTENSILS, AND THE POSSIBILITY EXISTS THAT YOUR FOOD ITEMS MAY COME INTO CONTACT WITH OTHER FOOD PRODUCTS, INCLUDING OTHER ALLERGENS.

WE TAKE STEPS TO TRY AND STOP NUTS OR TRACES OF NUTS FROM ACCIDENTALLY GETTING INTO INGREDIENTS BEFORE THE FOOD IS SERVED TO YOU, BUT WE CANNOT GUARANTEE OUR FOOD IS COMPLETELY NUT OR PEANUT FREE DUE TO OUR BUSINESS ENVIRONMENT.

BECAUSE OF OUR KITCHEN OPERATIONS & BUSINESS ENVIRONMENT, IF YOU DO HAVE A SERIOUS OR LIFE THREATENING ALLERGY, WE HAVE TO ASK YOU TO CAREFULLY CONSIDER WHETHER YOU CHOOSE TO DINE WITH US.

THIS LEAFLET IS UPDATED REGULARLY IN THE ATTEMPT TO REFLECT THE CURRENT STATUS OF OUR PRODUCTS. ALL INFORMATION IS CORRECT AT THE TIME OF GOING TO PRINT (SEE DATE ON FRONT COVER) BUT IS SUBJECT TO CHANGE WITHOUT NOTICE.

ALLERGEN DATA IS DERIVED BY ANALYSIS AND ARE TYPICALLY AVERAGES OF COMPOSITE FOOD SAMPLES. PRODUCTS MAY BE SUBJECT TO SOME VARIATION DEPENDING ON INGREDIENTS USED, SUPPLIER & SEASONS OF THE YEAR. THEREFORE PRODUCTS DESCRIBED MAY NOT BE IDENTICAL TO THE PRODUCT SERVED IN A PARTICIPATING RESTAURANT.

PLEASE ALWAYS ASK OUR STORE TEAM OR CONTACT OUR HEAD OFFICE FOR THE MOST UP TO DATE INFORMATION.

- ✓ CONTAINS ALLERGEN
- MAY CONTAIN OR COME INTO CONTACT WITH TRACES OF ALLERGEN

ALLERGEN STATEMENT

THE MANAGEMENT OF ALLERGENS IS SOMETHING WE TAKE VERY SERIOUSLY. THE NATURE OF OUR BUSINESS MEANS THERE IS A HIGH RISK OF CROSS CONTAMINATION AND SO WE CANNOT GUARANTEE ANY OF OUR FOOD IS SUITABLE FOR THOSE WITH ALLERGIES.

WE WORK CLOSELY WITH SUPPLIERS TO ENSURE WE HAVE ACCURATE INFORMATION ABOUT THE PRODUCTS WE BUY AND SELL. IN ADDITION, WE TRAIN OUR TEAMS IN ALLERGEN MANAGEMENT BECAUSE THEY HANDLE AND PREPARE OPEN FOOD. WE TAKE ALL REASONABLE STEPS TO MINIMISE THE RISK OF CROSS-CONTAMINATION, BUT WE STRONGLY ADVISE CUSTOMERS WITH QUESTIONS TO TALK TO US.

INFORMATION ABOUT THE 14 DECLARABLE ALLERGENS (AS DEFINED IN LAW) IS AVAILABLE IN STORE AND ONLINE, BUT IF YOU ARE ALLERGIC TO SOMETHING ADDITIONAL, PLEASE SPEAK TO A MANAGER WHEN YOU ARE IN STORE. PLEASE BE ADVISED THAT OUR VEGETARIAN MENU MAY NOT BE SUITABLE FOR CUSTOMERS WITH AN ALLERGY TO MILK AND/OR EGGS.

PLEASE NOTE: THIS LEAFLET MAY NOT COVER PROMOTIONAL PRODUCTS. IF YOU REQUIRE ALLERGEN INFORMATION ABOUT PROMOTIONAL PRODUCTS, PLEASE ASK A MEMBER OF STAFF OR CONTACT OUR HEAD OFFICE AT [01279 713560](tel:01279713560) OR VIA EMAIL AT CUSTOMERSERVICE@TCG-LTD.CO.UK.

BANKERS
FISH & CHIPS
OUR FAMILY TRADITION SINCE 1923
B R I G H T O N

ALLERGEN INFORMATION

UPDATED
JAN 2022



116A WESTERN ROAD, BRIGHTON,
EAST SUSSEX, BN1 2AB

TEL: 01273 328267

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Bankers Restaurant: Products	None	Cereals Containing Gluten	Crustaceans	Egg	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
STARTERS																
PRAWN COCKTAIL WITH MARIE ROSE SAUCE (WITH BREAD)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
BEEFROOT GRAVLAX		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CALAMARI (IN BREADCRUMBS/MATZO)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PAN FRIED GARLIC PRAWNS IN BUTTER (WITH BAGUETTE)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
MACKEREL PATE (WITH BREAD & CRÈME FRESH SAUCE)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CRUMBED HALLOUMI (SWEET CHILLI DIP)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
FRESH FISH PLATTER (WITH BREAD)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
HOT FISH PLATTER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
MAINS																
BREADCRUMBS*		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
MATZO*		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
BATTERED*		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
MEDIUM COD IN BATTER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
LARGE COD IN BATTER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SENIOR COD IN BATTER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
COD GOUJONS		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
COD FISHCAKES		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PLAICE IN BATTER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
MEDIUM HADDOCK IN BATTER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SCAMPI		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
COD ROE IN BATTER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CALAMARI (IN BREADCRUMBS/MATZO)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SALT & PEPPER SQUID		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
1/2 BBQ CHICKEN - SPIT ROASTED		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CHICKEN CHUNKS		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
JUMBO PORK SAUSAGE		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
JUMBO BATTERED SAUSAGE		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SAVELOY		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CHICKEN BURGER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
ROYAL CHICKEN BURGER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SALMON STEAK		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
HALIBUT STEAK		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
FISH PIE (WITH MILK) OVEN COOKED		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SALADS																
SIDE SALAD	✓															
CHICKEN, AVOCADO & BACON SALAD	✓															
PRAWN & GRAVLAX SALAD			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
MEAT FREE																
HALLOUMI SALAD		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
FISH-LESS FILLETS		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
GOURMET THAI VEGETABLE BURGER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SOUTHERN FRIED QUORN HEROES (GOUJONS)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PLANT-BASED/GREEN HEROES (GOUJONS)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
NAKED GLORY BURGER (served with Lettuce, Vegan Mayo & Vegan Cheese)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SOUTHERN FRIED QUORN BURGER (with Lettuce, Vegan Mayo & Vegan Cheese)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
GREEN BURGER (served with Lettuce, Vegan Mayo & Vegan Cheese)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
VEGAN BURGER SAUCE & TOPPING																
KETCHUP		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
VEGAN MAYO		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
VEGAN APPLEWOOD VEGAN CHEESE SLICES		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
VIOLIFE VEGAN CHEESE		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
LETTUCE		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
KIDS MEALS																
KIDS COD IN BATTER		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
KIDS FISHCAKE		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
KIDS JUMBO PORK SAUSAGE		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
KIDS JUMBO BATTERED SAUSAGE		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
KIDS CHICKEN NUGGETS		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
KIDS HALLOUMI & CHIPS		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
KIDS CRUDITE (CONTAINS SESAME)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CHIPS																
REGULAR CHIPS		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SWEET POTATO FRIES		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
NEW POTATOES (WITH BUTTER)		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
SIDES																
PICKLED ONION																
GHERKIN											✓					
PICKLED EGG				✓												
HOMEMADE COLESLAW (WITH MAYO AND ONION)				✓							✓					
ONION RINGS		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
BAKED BEANS	✓															
SIDE SALAD	✓															
MUSHY PEAS	✓															
GARDEN PEAS	✓															
CURRY SAUCE		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
FRENCH BREAD		✓														
WHITE / BROWN BREAD		✓														
SOURDOUGH BREAD		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
DESSERTS																
TRIFLE		✓		✓			✓	✓								
APPLE PIE AND ICE CREAM		✓		✓		✓	✓	✓	✓				✓			
GELATO ICE CREAM		✓		✓			✓	✓								
CHOCOLATE BROWNIE AND ICE CREAM		✓		✓		✓	✓	✓	✓							
KNICKERBOCKER GLORY (WITH PISTACHIO NUTS)		✓		✓		✓	✓	✓	✓	✓	✓					
MISC																
TARTARE SAUCE		✓		✓							✓					
TOMATO SAUCE		✓		✓			✓			✓	✓					
LEMON AND DILL SAUCE (CONTAINS MAYO)		✓		✓							✓					
MAYONNAISE		✓		✓							✓					
HOUMOUS		✓		✓							✓					
MARIE ROSE SAUCE (CONTAINS MAYO AND TOMATO SAUCE)		✓		✓			✓			✓	✓					
FRENCH DRESSING		✓		✓							✓					
CUSTARD		✓		✓				✓								
SWEET CHILLI SAUCE	✓			✓												
HORSERADISH		✓		✓							✓					
SALAD CREAM		✓		✓							✓					
HP SAUCE (CONTAINS BARLEY AND RYE)		✓		✓							✓					
WRAPPED MINTS (MAY CONTAIN PEANUTS)		✓		✓		✓										
GRAVY		✓		✓												
BUTTER		✓		✓												
DRINKS																
MILK SHAKES		✓						✓								
TEA & COFFEE (WITHOUT MILK ADDED)	✓															
LATTE & CAPPUCCINO		✓		✓			✓	✓	✓							
HOT CHOCOLATE		✓		✓			✓	✓	✓	✓	✓					
FENTMANS	✓															
BEER AND CIDER		✓														
WINE & SPARKLING WINE/ CHAMPAGNE		✓		✓												
SPIRITS		✓						✓								