

# ALLERGEN INFORMATION

The Allergen information provided in this leaflet is based on our suppliers' ingredient list and our business environment, preparation and cooking process. Normal kitchen operations may involve some shared cooking, preparation areas and utensils, and the possibility exists that your food items may come into contact with other food products, including other allergens.

We take steps to try and stop nuts or traces of nuts from accidentally getting into ingredients before the food is served to you, but we cannot guarantee our food is completely nut or peanut free due to our business environment.

Because of our kitchen operations & business environment, if you do have a serious or life threatening allergy, we have to ask you to carefully consider whether you choose to dine with us.

This leaflet is updated regularly in the attempt to reflect the current status of our products. All information is correct at the time of going to print (see date on front cover) but is subject to change without notice.

Allergen data is derived by analysis and are typically averages of composite food samples. Products may be subject to some variation depending on ingredients used, supplier & seasons of the year. Therefore products described may not be identical to the product served in a participating restaurant.

Please always ask our store team or contact our Head Office for the most up to date information.

## KEY

- ✓ Contains allergen
- May contain or come into contact with traces of Allergen

# ALLERGEN STATEMENT

The management of allergens is something we take very seriously. The nature of our business means there is a high risk of cross contamination and so we cannot guarantee any of our food is suitable for those with allergies.

We work closely with suppliers to ensure we have accurate information about the products we buy and sell. In addition, we train our teams in allergen management because they handle and prepare open food. We take all reasonable steps to minimise the risk of cross-contamination, but we strongly advise customers with questions to talk to us.

Information about the 14 declarable allergens (as defined in law) is available in store and online, but if you are allergic to something additional, please speak to a manager when you are in store. Please be advised that our vegetarian menu may not be suitable for customers with an allergy to milk and/or eggs.

**Please note:** This leaflet may not cover promotional products. If you require allergen information about promotional products, please ask a member of staff or contact our Head Office at **01279 713560** or via email at **customerservice@tcg-ltd.co.uk**.

**BANKERS**  
TRADITIONAL FISH & CHIPS **EXPRESS**

# ALLERGEN INFORMATION

**UPDATED  
JAN 2022**



**131 Church Road, Hove,  
East Sussex, BN3 2AE  
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**www.bankers-restaurant.co.uk**

**BANKERS EXPRESS HOVE**

Hove: Products	None	Cereals Containing Gluten	Crustaceans	Egg	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
<b>FISH</b>																
SMALL COD IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
MEDIUM COD IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
LARGE COD IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
SENIOR COD IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
COD FISHCAKES		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
MEDIUM ROCK EEL IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
LARGE ROCK EEL IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PLAICE IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
JOHN DORY IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
MEDIUM HADDOCK IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
LARGE HADDOCK IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
SCAMPI		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
COD ROE IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
CRISPY PRAWNS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
SALT & PEPPER SQUID		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
<b>CHIPS</b>																
REGULAR CHIPS		•	•	•	•	•	•	•	•	•	•	•	•		•	
LARGE CHIPS		•	•	•	•	•	•	•	•	•	•	•	•		•	
<b>CHICKEN</b>																
WHOLE ROAST CHICKEN		•	•	•	•	•	•	•	•	✓	•	•	✓		•	
1/2 ROAST CHICKEN		•	•	•	•	•	•	•	•	✓	•	•	✓		•	
1/4 WING ROAST CHICKEN		•	•	•	•	•	•	•	•	✓	•	•	✓		•	
1/4 LEG ROAST CHICKEN		•	•	•	•	•	•	•	•	✓	•	•	✓		•	
SFC PIECES - PAN FRIED		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
2 SFC - PAN FRIED		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
3 SFC - PAN FRIED		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
7 CHICKEN NUGGETS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
10 CHICKEN NUGGETS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
CHICKEN HEROES		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
SPICY CHICKEN HEROES (PAN FRIED)		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PLAIN CHICKEN HEROES WRAP		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
SPICY CHICKEN HEROES WRAP		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
<b>SAUSAGES</b>																
JUMBO PORK SAUSAGE		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
JUMBO BATTERED SAUSAGE		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
SAVELOY		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
<b>PIES</b>																
PUKKA PIE CHICKEN & MUSHROOM		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PUKKA PIE MINCED BEEF & ONION		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PUKKA PIE STEAK & KIDNEY		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
<b>BURGERS</b>																
40Z BURGER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
40Z CHEESE BURGER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
80Z BURGER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
80Z CHEESE BURGER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
CHICKEN BURGER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
ROYAL CHICKEN BURGER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
FISH IN A BUN		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
<b>MEAT FREE</b>																
VEGETARIAN SCAMPI		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
FISH-LESS FILLETS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
GOURMET THAI VEGETABLE BURGER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
HALLOUMI BURGER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
SOUTHERN FRIED QUORN HEROES (GOUJONS)		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PLANT-BASED/GREEN HEROES (GOUJONS)		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
NAKED GLORY BURGER <small>(served with Lettuce, Vegan Mayo &amp; Vegan Cheese)</small>		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
SOUTHERN FRIED QUORN BURGER <small>(served with Lettuce, Vegan Mayo &amp; Vegan Cheese)</small>		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
GREEN BURGER <small>(served with Lettuce, Vegan Mayo &amp; Vegan Cheese)</small>		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
<b>VEGAN BURGER SAUCE &amp; TOPPINGS</b>																
KETCHUP		•	•	•	•	•	•	•	•	✓	•	•	•		•	
VEGAN MAYO		•	•	•	•	•	•	•	•	•	•	•	•		•	
VEGAN APPLEWOOD VEGAN CHEESE SLICES		•	•	•	•	•	•	•	•	•	•	•	•		•	
VIOLIFE VEGAN CHEESE		•	•	•	•	•	•	•	•	•	•	•	•		•	
LETTUCE		•	•	•	•	•	•	•	•	•	•	•	•		•	
<b>SIDES</b>																
ONION RINGS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
BREADED MUSHROOMS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PINEAPPLE FRITTERS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
BREAD ROLL & BUTTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
CHIP ROLL		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PICKLED EGG		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PICKLED ONION		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
GHERKIN		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
CURRY SAUCE		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
MUSHY PEAS	✓	✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
PIGS IN BLANKETS	✓	✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
GARDEN PEAS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
BAKED BEANS	✓	✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
COLESLAW		•	•	•	•	•	•	•	•	•	✓	•	•		•	
MOZZARELLA STICKS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
GRAVY		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
HALLOUMI		•	•	•	•	•	•	✓	•	•	•	•	•		•	
BACON		•	•	•	•	•	•	•	•	•	•	•	•		•	
CHEESE		•	•	•	•	•	•	✓	•	•	•	•	•		•	
PORK STUFFING BALLS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
<b>KIDS MEALS</b>																
KIDS COD IN BATTER		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
KIDS FISHCAGE		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
KIDS CHICKEN NUGGETS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
KIDS JUMBO PORK SAUSAGE		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
KIDS JUMBO BATTERED SAUSAGE		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
KIDS SAVELOY		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
KIDS CHIPS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
KIDS VEGETARIAN SCAMPI		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
KIDS MOZZARELLA STICKS		✓	•	✓	✓	•	✓	✓	•	✓	✓	•	•		•	
<b>EXTRAS</b>																
HEINZ TOMATO SAUCE SACHET/ POT										✓						
HEINZ BBQ SAUCE SACHET/ POT	✓															
HEINZ MAYONNAISE SACHET/ POT											✓					
HEINZ TARTARE SAUCE SACHET/ POT												✓				
GARLIC MAYO SAUCE SACHET											✓					
SWEET & SOUR SAUCE SACHET	✓															
TARTARE SAUCE JAR (Own brand)											✓					
TOMATO SAUCE BOTTLES		✓					✓			✓	✓					
NON-BREWED CONDIMENT BOTTLES		✓														
ONION VINEGAR BOTTLES	✓															
TOMATO SAUCE										✓						
MAYONNAISE												✓				
BURGER SAUCE		✓										✓				
TARTARE SAUCE		✓										✓				
VINEGAR ESSENCE		✓										✓				
GLUTEN FREE VINEGAR ESSENCE	✓															
<b>DRINKS</b>																
ZUP/ ZUP SUGAR FREE CAN	✓															
DIET PEPSI CAN	✓															
DR PEPPER / DR PEPPER ZERO SUGAR CAN	✓															
GINGER BEER CAN	✓															
PEPSI CAN	✓															
PEPSI MAX CAN	✓															
SPARKLING WATER BOTTLE	✓															
TANGO APPLE CAN	✓															
TANGO CHERRY CAN	✓															
TANGO ORANGE CAN	✓															
MINERAL WATER BOTTLE	✓															
APPLE & BLACKCURRANT FRUITSHOOT	✓															
ORANGE FRUITSHOOT	✓															
<b>HOT DRINKS</b>																
COFFEE		•		•		•	•	•	•							
TEA	✓											•				
LATTE & CAPPUCCINO		•		•		•	•	•	•							
HOT CHOCOLATE								✓								
<b>ICE CREAM</b>																
BEN & JERRY'S COOKIE DOUGH		✓		✓		✓	✓	✓								
BEN & JERRY'S CHOC FUDGE BROWNIE		✓		✓		✓	✓	✓								
BEN & JERRY'S PHISH FOOD		✓		✓		✓	✓	✓								

✓ Contains allergen • May contain or come into contact with traces of Allergen

JANUARY 2022