



STARTERS

HOT FISH PLATTER SHARING 968 kcal £15.00 Homemade calamari rings, cod goujons, scampi and battered king prawns served with a lemon and dill sauce	PRAWN COCKTAIL 349 kcal £7.00 Sustainably sourced Greenland prawns, served in our homemade Marie Rose sauce with sliced avocado, mixed salad and thick cut malted bread	CALAMARI 543 kcal £7.00 Rolled in our homemade breadcrumb and served with a lemon and dill sauce
PANKO PRAWNS 223 kcal £7.00 5 Torpedo King Prawns coated in a crispy Japanese style Panko crumb. Served with a sweet chilli dip	CRUMBED HALLOUMI 388 kcal £7.00 Halloumi in a parsley breadcrumb. Served with a sweet chilli dip	PAN FRIED GARLIC KING PRAWNS IN BUTTER 311 kcal £8.00 Pan-fried MSC certified coldwater king prawns tossed in garlic butter served with artisan sourdough bread

MAINS

LUNCHTIME SPECIAL'S

AVAILABLE MONDAY - THURSDAY, 11.30AM - 4.00PM

LUNCHTIME HAKE SPECIAL
SMALL HAKE, CHIPS, MUSHY PEAS & A CUP OF TEA OR COFFEE 726 kcal **£10.00**

LUNCHTIME COD SPECIAL
SMALL COD, CHIPS, MUSHY PEAS & A CUP OF TEA OR COFFEE 726 kcal **£11.00**

CHICKEN & CHIPS

HALF SPIT ROASTED CHICKEN & CHIPS 1384 kcal **£13.00**
CHICKEN NUGGETS & CHIPS 1040 kcal **£11.00**
5 CHICKEN HEROES & CHIPS 1212 kcal **£12.00**

SAUSAGE & CHIPS

JUMBO SAUSAGE & CHIPS 929 kcal **£8.00**
JUMBO BATTERED SAUSAGE & CHIPS 1084 kcal **£8.00**
SAVELOY & CHIPS 853 kcal **£8.00**

BURGERS & CHIPS

CHICKEN FILLET BURGER 1016 kcal **£11.00**
A battered chicken fillet burger on a sesame brioche bun with lettuce, mayonnaise. Served with chips

ROYAL CHICKEN BURGER 1238 kcal **£12.00**
A battered chicken fillet burger on a sesame brioche bun with lettuce and mayonnaise topped with an onion ring and a slice of Cheddar cheese. Served with chips

COD BURGER 641 kcal **£13.00**
Battered cod goujons on a sesame brioche bun with lemon & dill mayonnaise, lettuce & gherkins. Served with chips

FANCY SOME MORE CHIPS?
ALL MAIN MEALS COME WITH
FREE CHIP REFILLS!

All chips can be swapped for sweet potato fries, or salad

TRADITIONAL FISH & CHIPS

All our fish and seafood is sourced from sustainable sources certified by the Marine Stewardship Council or Icelandic Sustainable Fisheries.



PRIME FILLET COD & CHIPS	1174 kcal	MEDIUM	£14.95
	1330 kcal	LARGE	£16.95
PRIME FILLET HADDOCK & CHIPS	1174 kcal	MEDIUM	£14.00
	1330 kcal	LARGE	£16.00
MEDIUM HAKE & CHIPS	1174 kcal		£12.00
FILLET OF PLAICE & CHIPS	1291 kcal		£15.00

All of our fish can be grilled, cooked in breadcrumbs or matzo on request **£1.00**

WHOLE TAIL SCAMPI & CHIPS	1220 kcal	£14.00
CALAMARI RINGS & CHIPS	889 kcal	£14.00
COD GOUJONS, CHIPS & SALAD	1213 kcal	£15.00

Pieces of sustainably sourced cod fillet rolled in breadcrumbs

HOMEMADE FISHCAKE & CHIPS 815 kcal **£12.00**
Two fishcakes made from cod fillet, potato, herbs and a sprinkling of salt, cooked in batter

GRILLED FISH THE BANKERS WAY!

Enjoy our delicious, new dishes fresh from the grill.

PICK YOUR GRILLED FISH:

Whole Sea Bass	308 kcal	£18.50
Whole Plaice	178 kcal	£19.50
Tuna Steak	272 kcal	£19.50
Salmon Fillet	418 kcal	£16.50

CHOOSE YOUR FLAVOURED BUTTER:


Garlic & Herb	75 kcal
Lemon & Parsley	75 kcal
Lime Chilli & Coriander	75 kcal




Served with a choice of chips, sweet potato fries, or side salad

OUR GREEN MENU

5 CRUNCHY GREEN HEROES & CHIPS  1104 kcal **£12.00**
Succulent plant-based goujons in a tasty crunchy coating. Served with chips

FISH-LESS-FILLET & CHIPS  915 kcal **£12.00**
A deliciously tasty, plant-based alternative to the nation's favourite dish! Flaky textured fillet, wrapped in Panko breadcrumbs. Served with chips

FRESHLY PREPARED SALADS

CHICKEN, BACON AND AVOCADO SALAD 559 kcal **£12.50**
HALLOUMI SALAD  368 kcal **£13.00**
CAJUN SALMON & KING PRAWN SALAD 269 kcal **£14.50**
HOUSE SALAD 34 kcal **£7.00**

SIDE DISHES

HOMEMADE MUSHY PEAS	122 kcal	£3.30
GARDEN PEAS	79 kcal	£2.95
BAKED BEANS	109 kcal	£2.95
CURRY SAUCE	121 kcal	£3.30
PICKLED ONION	20 kcal	£1.00
PICKLED EGG	143 kcal	£1.00
GHERKIN	13 kcal	£1.20
HOMEMADE COLESLAW	260 kcal	£3.30
ONION RINGS	431 kcal	£3.00
SWEET POTATO FRIES	469 kcal	£4.00
PORTION OF CHIPS	589 kcal	£4.00
2 SLICES OF MALTED THICK CUT LOAF	178 kcal	£1.50
2 SLICES OF WHITE THICK CUT LOAF	173 kcal	£1.50
ARTISAN SOURDOUGH BREAD	176 kcal	£2.50

ALLERGIES

The management of allergens is something we take very seriously. The nature of our business means there is a high risk of cross contamination during preparation.

If you have any questions about our menu, please speak to the manager before ordering.



DESSERTS

APPLE PIE A slice of handmade apple pie served with custard (170 kcal), cream (33 kcal) or a scoop of Gelato Ice Cream (381 kcal)	443 kcal	£6.00	CHOCOLATE BROWNIE Served with warm caramel sauce and a scoop of Gelato Ice Cream	685 kcal	£6.00	GELATO ICE CREAM Joe Delucci's award winning Gelato Ice Cream. Choose from vanilla, strawberries & cream or chocolate	381 kcal	1 scoop:	£2.50
KNICKERBOCKER GLORY The classic dessert made with layers of blueberries, peach & Gelato Vanilla Ice Cream	461 kcal	£7.00	HOMEMADE TRIFLE Homemade fruit trifle topped with whipped cream	281 kcal	£6.00		762 kcal	2 scoops:	£4.00
							1143 kcal	3 scoops:	£6.00

DRINKS

LOCAL CRAFT BEER

UNBARRED CASUAL PALE ALE
330ML CAN 4.5%

£5.50

UnBarred

BOTTLED BEERS & CIDERS

PERONI, CORONA, SAN MIGUEL	330ML	£4.50
BUDVAR ALCOHOL FREE	330ML	£3.50
HARVEYS SUSSEX BEST BITTER	500ML	£5.50
GUINNESS	330ML	£4.00
MAGNERS ON ICE	568ML	£5.50

WHITE WINE

MOLINO DEL SOL - AIREN
An attractive dry white with flora and citrus aromas leading to a crisp, fresh palate. SWA Bronze Award

BOTTLE	£19.00
250ML GLASS	£6.50
175ML GLASS	£4.75
125ML GLASS	£3.25

SEA CHANGE PINOT GRIGIO

BOTTLE	£21.00
250ML GLASS	£7.00
175ML GLASS	£5.50
125ML GLASS	£3.95

LOUIS ESCHENAUER SAUVIGNON BLANC
Expressive balanced wine with undertones of exotic fruit, white flowers and pineapples.

BOTTLE	£22.00
250ML GLASS	£7.50
175ML GLASS	£5.75
125ML GLASS	£3.95

CHARDONNAY, ROTHSCHILD
A brilliant pale yellow with an opulent nose of white peach and hawthorn evolve in to a palate of white fruit lifted by a slight minerality.

BOTTLE £25.00

MUSCADET DE SEVRE ET MAINE SAGET
A whirlwind of freshness with balanced flavours of crisp citrus fruit and ripe melon.

BOTTLE	£28.00
HALF BOTTLE	£16.00

RED WINE

MOLINO DEL SOL - TEMPRANILLO
A wonderful fruity red with a silky smooth finish.

BOTTLE	£19.00
250ML GLASS	£6.50
175ML GLASS	£4.75
125ML GLASS	£3.25

MERLOT, LOUIS ESCHENAUER
Expressive and balanced blackcurrant and cherry flavour with a silky smooth intensity.

BOTTLE	£22.00
250ML GLASS	£7.50
175ML GLASS	£5.75
125ML GLASS	£3.95

PINOT NOIR, PARLEZ VOUS
Mesmerising raspberry and loganberry fruit, elegant and complex with subtle vanilla undertones.

BOTTLE £26.00

MALBEC, TRIVENTO
Aged for six months in French oak barrels. Aromas of raspberry follow through on to the sweet, velvety palate complimenting the subtle vanilla tones.

BOTTLE £26.00

ROSÉ WINE

LOUIS ESCHENAUER CINSULT ROSÉ
Pale onion skin colour with a soft intensity and red berries and strawberries on the palate.

BOTTLE	£22.00
250ML GLASS	£7.50
175ML GLASS	£5.75
125ML GLASS	£3.95

SPARKLING WINE

CASTELL LLDOR CAVA CLASSIC BRUT
Great quality Cava which is bright and clean with high fruit flavours with a refreshing finish.

BOTTLE £27.00

PROSECCO BOTTER
Well balanced and bodied, delicately fruity and slightly aromatic bouquet with hints of flowers which honey, and wild apple scents can be perceived.

BOTTLE	£24.00
200ML BOTTLE	£8.00

SPIRITS

ALL SPIRITS (25ML MEASURE)	£2.50
LIQUEURS (25ML MEASURE)	£3.50
BAILEYS (50ML MEASURE)	£3.50
MIXERS	£1.50

MILKSHAKES

Made with Gelato ice cream
STRAWBERRY VANILLA, CHOCOLATE
OR BANANA 606kcal

£4.00

SOFT DRINKS

COCA-COLA	126 kcal	GLASS	£2.00
COCA-COLA ZERO SUGAR	0 kcal	GLASS	£2.00
DIET COCA-COLA	0 kcal	GLASS	£2.00
FANTA ORANGE	57 kcal	GLASS	£2.00
SPRITE	57 kcal	GLASS	£2.00
TONIC WATER	57 kcal	GLASS	£2.00
		CANS	£2.20
APPLE JUICE	108 kcal		£2.50
ORANGE JUICE	111 kcal		£2.50
FENTIMANS ELDERFLOWER	88 kcal	275ML	£3.75
FENTIMANS ROSE LEMONADE	113 kcal	275ML	£3.75
FENTIMANS VICTORIAN LEMONADE	117 kcal	275ML	£3.75

WATER

SOUTH DOWNS STILL WATER	SML BOTTLE	£2.00
	LRG BOTTLE	£4.00
SOUTH DOWNS SPARKLING WATER	SML BOTTLE	£2.00
	LRG BOTTLE	£4.00

TEA & COFFEE

POT OF TEA	41kcal	£2.85
POT OF TEA	74kcal	£3.95
POT OF EARL GREY	0kcal	£2.85
TEA	10kcal	£2.45
GREEN TEA/ PEPPERMINT TEA	0kcal	£2.45
AMERICANO / REGULAR COFFEE	0kcal	£2.95
LATTE/ CAPPUCCINO	55kcal	£3.15
ESPRESSO	0kcal	£2.70
HOT CHOCOLATE	175kcal	£2.95
IRISH COFFEE		£5.00

TIP POLICY

Tips are shared only amongst the restaurant team. The business takes NO commission or admin fee from any tips whatsoever, and we do not add any service charge. All prices are inclusive of VAT.

GROUP BOOKINGS

We can cater for large functions such as wedding receptions and birthday parties in our restaurant or we can offer a delivery service to your social or fundraising event, ensuring that you enjoy the best that Bankers has to offer wherever you are. Please ask your server for more details.

