

STARTERS

HOT FISH PLATTER SHARING

Homemade calamari rings, cod goujons, scampi and battered king prawns served with a lemon and dill sauce

£15.00

£7.00

968 kcal

NEW SCAMPI

8 Pieces of scampi served with a tartare sauce dip

PRAWN COCKTAIL
Sustainably sourced Greenland
in a contra a second a Maria Dasa a

Susta in our homemade Marie Rose sauce with sliced avocado, mixed salad and thick cut malted bread

CRUMBED HALLOUMI Halloumi in a parsley breadcrumb. Served with a sweet chilli dip

d prawns, served

349 kcal

388 kcal

£7.00

£7.50

CALAMARI

and dill sauce

543 kcal £7.00 Coated in our own recipe batter served with lemon

PAN FRIED GARLIC KING PRAWNS IN BUTTER 311 kcal £8.00 Pan-fried MSC certified coldwater king prawns tossed in garlic butter served with artisan sourdough bread



LUNCHTIME FISH SPECIALS

AVAILABLE MONDAY - FRIDAY, 11.30AM - 4.00PM

SMALL COD, CHIPS,	726 kcal	£13.95
MUSHY PEAS & A CUP OF TEA OR COFFE	E	
SMALL HADDOCK, CHIPS,	726 kcal	£11.95
MUSHY PEAS & A CUP OF TEA OR COFFE	E	

WEDNESDAY HADDOCK **SPECIALS**

HALF PRICE HADDOCK AVAILABLE ALL DAY, EVERY WEDNESDAY WEDNESDAY SPECIAL

PRIME FILLET HADDOCK & CHIPS

£8.00 1174 kcal MEDIUM £9.00 1330 kcal LARGE

CHICKEN & CHIPS

HALF SPIT ROASTED CHICKEN & CHIPS	1384 kcal	£13.50
CHICKEN NUGGETS & CHIPS	1040 kcal	£12.50
6 CHICKEN STRIPS & CHIPS	1212 kcal	£12.50

BURGERS & CHIPS

CHICKEN FILLET BURGER	1016 kcal	£13.00
A battered chicken fillet burger on a	a sesame	brioche
bun with lettuce, mayonnaise.		
Served with chips		
DOVAL CHICKEN BUDGED	1238 kcal	£14.00

TRADITIONAL FISH & CHIPS

HOW WOULD YOU LIKE YOUR FISH?

Our Cod, Haddock and Plaice can be served battered, grilled, cooked in breadcrumbs or cooked in matzo meal.

BREADCRUMBS MATZO MEAL GRILLED, WITH A FLAVOURED BU CHOOSE FROM: Garlic & Herb Lemon & Parsley	TTER 75 kcal 75 kcal	ADD £1.10 ADD £1.10 ADD £1.50
Lime, Chilli & Coriander	75 kcal	
PRIME FILLET COD & CHIPS		medium £18.00 large £20.00
PRIME FILLET HADDOCK & CHIPS	1174 kcal 1330 kcal	medium £17.00 large £19.00
FILLET OF PLAICE & CHIPS	1291 kcal	£17.00
GRILLED SALMON FILLET	418 kcal	£18.00
PREMIUM SCOTTISH WHOLE TAIL SCAMPI & CHIPS	1220 kcal	£17.00
CALAMARI RINGS & CHIPS	889 kcal	£17.00
COD GOUJONS, CHIPS & SALAD Pieces of sustainably sourced breadcrumbs		

HOMEMADE FISHCAKE & CHIPS 815 kcal £13.00 Two fishcakes made from cod fillet, potato, herbs and a sprinkling of salt, cooked in our secret recipe breading

OUR GREEN MENU

5 CRUNCHY GREEN HEROES & CHIPS 🔮 1104 kcal £13.00 Succulent plant-based goujons in a tasty crunchy coating. Served with chips

FISH-LESS-FILLET & CHIPS 🔇 915 kcal £13.00 A deliciously tasty, plant-based alternative to the nation's favourite dish! Flaky textured fillet, wrapped in Panko breadcrumbs. Served with chips

FRESHLY PREPARED SALADS

HALLOUMI SALAD 🔇	368 kcal	£13.50
CAJUN SALMON & KING PRAWN SALAD	269 kcal	£15.00
GREEK SALAD		£8.50
HOUSE SALAD	34 kcal	£7.00

SIDE DISHES

HOMEMADE MUSHY PEAS	122 kcal	£3.75
GARDEN PEAS	79 kcal	£3.50
BAKED BEANS	109 kcal	£2.75
CURRY SAUCE	121 kcal	£3.75
PICKLED ONION	20 kcal	£1.00
PICKLED EGG	143 kcal	£1.00
GHERKIN	13 kcal	£1.30
HOMEMADE COLESLAW	260 kcal	£3.75
ONION RINGS	431 kcal	£3.99
SWEET POTATO FRIES	469 kcal	£4.20
Portion of Chips	589 kcal	£4.50
2 SLICES OF MALTED THICK CUT LOAF	178 kcal	£1.50
2 SLICES OF WHITE THICK CUT LOAF	173 kcal	£1.50
ARTISAN SOURDOUGH BREAD	176 kcal	£2.95

A battered chicken fillet burger on a sesame brioche bun with lettuce and mayonnaise topped with an onion ring and a slice of Cheddar cheese. Served with chips

COD BURGER

641 kcal £14.00

Battered cod goujons on a sesame brioche bun with lemon & dill mayonnaise, lettuce & gherkins. Served with chips

> FANCY SOME MORE CHIPS? ALL MAIN MEALS COME WITH FREE CHIP REFILLS!

All chips can be swapped for sweet potato fries, or salad

Served with a choice of chips, sweet potato fries, or side salad

PLEASE ASK ABOUT OUR DAILY CHEF'S SPECIAL

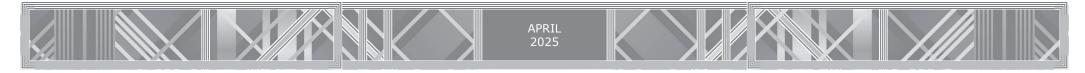
All our fish and seafood is sourced from sustainable sources certified by the Marine Stewardship Council or Icelandic Sustainable Fisheries.



ALLERGIES

The management of allergens is something we take very seriously. The nature of our business means there is a high risk of cross contamination during preparation.

If you have any questions about our menu, please speak to the manager before ordering.





DESSERTS

APPLE PIE £6.50 443 kcal A slice of handmade apple pie served with custard (170 kcal), cream (33 kcal) or a scoop of Gelato Ice Cream (381 kcal)

KNICKERBOCKER GLORY £7.85 461 kcal The classic dessert made with layers of blueberries, peach & Gelato Vanilla Ice Cream

CHOCOLATE BROWNIE £7.00 685 kcal Served with warm caramel sauce and a scoop of Gelato Ice Cream

HOMEMADE TRIFLE 281 kcal £6.00 Homemade fruit trifle topped with whipped cream

GELATO ICE CREAM Joe Delucci's award winning Gelato Ice Cream. Choose from vanilla, strawberries & cream or chocolate

1143 kcal

1 scoop: 2 scoops: 3 scoops:	
	2 scoops:

LOCAL CRAFT BEER

UNBARRED CASUAL PALE ALE 330ML CAN 4.5%

£5.70

UnBarred

BOTTLED BEERS & CIDERS

PERONI, CORONA, SAN MIGUEL	330ml	£4.70
BUDVAR ALCOHOL FREE	330ml	£3.70
HARVEYS SUSSEX BEST BITTER	500ml	£5.70
GUINNESS	440ml	£4.50
MAGNERS ON ICE	568ML	£5.70

WHITE WINE

MOLINO DEL SOL - AIREN

An attractive dry white with flora and citrus aromas leading to a crisp, fresh palate. SWA Bronze Award

	BOTTLE	£21.00
	250ML GLASS	£7.00
	175ml GLASS	£5.75
	125ml GLASS	£4.30
SEA CHANGE PINOT GRIGIO		
	BOTTLE	£23.00
	250ML GLASS	£7.50
	175 CLASS	64.00

£23.00	BOTTLE
£7.50	250ml GLASS
£6.00	175ml GLASS
£4.50	125ml GLASS

LOUIS ESCHENAUER SAUVINGNON BLANC

Expressive balanced wine with undertones of exotic fruit, white flowers and pineapples.

BOTTLE	£24.00
250ml GLASS	£8.00

RED WINE

DRINKS

MOLINO DEL SOL - TEMPRANILLO A wonderful fruity red with a silky smooth finish.

> BOTTLE £21.00 250ML GLASS £7.00 175ml GLASS £5.75 125ml GLASS £4.30

MERLOT, LOUIS ESCHENAUER

Expressive and balanced blackcurrant and cherry flavour with a silky smooth intensity.

BOTTLE	£24.00
250ml GLASS	£8.00
175ml GLASS	£6.50
125ml GLASS	£4.50

ROSÉ WINE

LOUIS ESCHENAUER CINSAULT ROSÉ Pale onion skin colour with a soft intensity and red

berries and strawberries on the palate.

£24.00	BOTTLE
£8.00	250ML GLASS
£6.50	175ml GLASS
£4.50	125ml GLASS

SPARKLING WINE

CASTELL LLORD CAVA CLASSIC BRUT

Great quality Cava which is bright and clean with high fruit flavours with a refreshing finish.

PRO

MILKSHAKES Made with Gelato ice cream STRAWBERRY VANILLA, CHOCOLATE OR BANANA 606kcai £4.75

SOFT DRINKS

COCA-COLA	126 kcal	GLASS	£2.95
coca-cola zero sugar	0 kcal	GLASS	£2.95
DIET COCA-COLA	0 kcal	GLASS	£2.95
Fanta Orange	57 kcal	GLASS	£2.95
SPRITE	57 kcal	GLASS	£2.95
TONIC WATER	57 kcal	GLASS	£2.95
APPLE JUICE	108 kcal		£2.95
ORANGE JUICE	111 kcal		£2.95
FENTIMANS ELDERFLOWER	88 kcal	275мг	£4.00
FENTIMANS ROSE LEMONADE	113 kcal	275мг	£4.00
FENTIMANS VICTORIAN LEMONADE	117 kcal	275 мL	£4.00

WATER

SOUTH DOWNS STILL WATER	SML BOTTLE	£2.95
	LRG BOTTLE	£4.85
SOUTH DOWNS SPARKLING WATER	SML BOTTLE	£2.95
	LRG BOTTLE	£4.85

TEA & COFFEE

BOTTLE	£29.00	POT OF TEA	41kcal	£3.20
PROSECCO BOTTER		POT OF TEA FOR 2	74kcal	£4.30
Well balanced and bodied, delicately fruity an	d	POT OF EARL GREY	0kcal	£3.00
slightly aromatic bouquet with hints of flower		TEA	10kcal	£2.75
honey, and wild apple scents can be perceive		GREEN TEA/ PEPPERMINT TEA	0kcal	£2.75
BOTTLE	£26.00	AMERICANO / REGULAR COFFEE	0kcal	£3.00
200ml BOTTLE	£20.00 £9.50	LATTE/ CAPPUCCINO	55kcal	£3.30
ZOOML BOTTLE	29.30	ESPRESSO	0kcal	£2.85
SPIRITS		HOT CHOCOLATE	175kcal	£3.40
SPIRITS		IRISH COFFEE		£5.50
ALL SPIRITS (25ML MEASURE)	£3.00			
LIQUEURS (25ML MEASURE)	£4.00			
BAILEYS (50ML MEASURE)	£4.00			
MIXERS	£1.95			

175мг	GLASS	£6.00
125мг	GLASS	£4.50

CHARDONNAY, ROTHSCHILD

A brilliant pale yellow with an opulent nose of white peach and hawthorn evolve in to a palate of white fruit lifted by a slight minerality.

BOTTLE £26.00 MUSCADET DE SEVRE ET MAINE SAGET A whirlwind of freshness with balanced flavours of crisp citrus fruit and ripe melon.

BOTTLE £29.00

TIP POLICY

GROUP BOOKINGS

Tips are shared only amongst the restaurant team. The business takes NO commission or admin fee from any tips whatsoever, and we do not add any service charge. All prices are inclusive of VAT.

We can cater for large functions such as wedding receptions and birthday parties in our restaurant or we can offer a delivery service to your social or fundraising event, ensuring that you enjoy the best that Bankers has to offer wherever you are. Please ask your server for more details.

